To celebrate **National Nurses Week**, Kettering Health Network is holding festivities to recognize the hard work of our nursing teams and share our pride for the profession.

### NURSES WEEK EVENTS

**KETTERING MEDICAL CENTER**

**Chair Massages**
Self-care is important as you do meaningful, demanding work.
To support your wellness, professional massage therapists will visit each hospital and additional locations to offer free, five-minute massages!
First come, first served.

- **Sunday, May 5** | 6-10 a.m. | Nelson Conference Center 3 and 4
- **Tuesday, May 7** | 9 a.m.-9 p.m. | Nelson Conference Center 1 and 2

**Blessing of the Hands**
The Spiritual Services teams will tour nursing units and perform ceremonies to bless the hands of our amazing nurses who do sacred work.

- **Wednesday, May 8**
- **Thursday, May 9**

**Breakfast On-the-go**
As nurses, you’re always on-the-go! We want to show our appreciation in a way you can easily enjoy. A grab-and-go boxed breakfast catered by Panera will be offered to nursing care teams. It includes a bagel, yogurt parfait, cookies, and a $5 gift card.

- **Wednesday, May 8** | 6:30-8:30 a.m. | Nelson Conference Center

**DID YOU KNOW?**
Nurses make up over 27% of Kettering Health Network employees!

- 3,665 Nurses
- 13,434 Total Employees

"Happy Nurses Week! This week we celebrate you: our scientists, our compassion experts, our superheroes in scrubs. Thank you for improving the quality of life for our community through the art and science of nursing."

Julie Vincent, DNP, MBA, RN, CENP
Chief Nursing Officer
Kettering Health Network

See the full schedule of all events network-wide—including blessing of the hands, walk in my shoes, and the Cameos of Caring banquet—at knewsmobile.com