

# Can You Kick It?

## Heart Walk Kickball Tournament

### Team Registration Packet

August 25, 2019  
Rowe Sports Complex  
Middletown, Ohio

**Hosted by: Kettering Health Network**

In partnership with the American Heart Association and  
Kettering Fire Department



Dear Team Captain,

Thank you for your interest in the Can You Kick It? Heart Walk Kickball Tournament. The event is on Sunday, August 25, and is hosted by Kettering Health Network, in partnership with Kettering Fire Department and American Heart Association.

The day-long tournament is a family-friendly event that will bring everybody together for some great fun! Pull your team together—men and women ages 18 and up are welcome—and come play with your family, friends, and co-workers.

This information packet will give you all the details about the event, registration process, and game rules. Completed registration packets and the team registration fee, payable by cash or check, must be received by Tara Powell no later than **Friday, July 26**. A maximum of 24 teams will be included in the tournament, and teams will be accepted on a first-come, first-served basis until all spots are filled.

You will receive a confirmation email when your registration is complete and your team has been entered into the tournament. Email is our preferred method of communicating with the teams. Please make sure you include a valid and active email address so we can keep you updated with the most current information.

We look forward to having a good time kicking it with you and your team members. For more information about the tournament or registration, please contact Tara Powell at 937-371-6947 or at [tara.powell@ketteringhealth.org](mailto:tara.powell@ketteringhealth.org)

Sincerely,

Tara Powell, Grandview and Southview medical centers Cardiac Cath Lab

Denise Elsas, American Heart Association

# TOURNAMENT AT A GLANCE

**DATE:**

August 25, 2019

- 9:00 a.m.: Teams check in at Rowe Sports Complex
- 9:30 a.m.: Welcome and first pitch/kick
- 10:00 a.m.: Play begins

**LOCATION:**

Rowe Sports Complex  
6480 Trenton-Franklin Road  
Middletown, OH 45042

**REGISTRATION:**

Registration is due by Friday, July 26. Mail completed packets to Tara Powell at 3431 Ash Meadow Lane, Franklin, OH 45005 or drop off at Grandview Medical Center Cardiac Cath Lab (3 Floor), Attention: Tara Powell.

A **complete** registration packet includes the following:

- Registration form
- Signed waivers for all team members
- Team roster
- Registration fee of \$300 per team (checks payable to American Heart Association)

**TEAM INFORMATION:**

1. **A maximum of 24 teams will be included in the tournament.** Registrations will be taken on a first-come, first-served basis until all slots are filled.
2. **Teams should contain 10-15 players.** The roster must have at least four females and all players must be age 18 or older.
3. **One person should be designated as team captain.** This person must attend the Team Captains Meeting on Tuesday, August 13 from 5:30-6:30 p.m. in the Schuster Conference Room located on the first floor of Kettering Medical Center.

# TEAM CAPTAIN INFORMATION

- As the captain, it is your responsibility to organize your team. This includes filling out the roster, giving a copy of your roster to the opposing team captain, providing waivers signed by all team members, and informing team members of the tournament rules and regulations and all other pertinent information.
- Teams who come in first and second place in the tournament will receive awards.
- A prize will also be awarded to the team with the best costume, and we encourage teams to come up with accessories, t-shirts, etc. to show your spirit.
- We will go over all the rules and final game day plans at the captains meeting on Tuesday, August 13. Team captains will draw for their team's position on the game bracket.
- All games will be officiated. Kettering Health Network encourages players and teams to have fun. Unsportsmanlike behavior may result in that player being ejected from the game. An ejected player is required to leave the field immediately. Refusal to leave the field may result in a team forfeit.
- There is a 10-run per inning limit for all innings. Games end after seven full innings or 50 minutes, regardless of score. Captains should not run up the score.
- Encourage your neighbors, friends, and family to come out and support your team. Admission to the tournament is free.
- A concession stand will be open throughout the tournament selling a variety of food and beverage options.

# TOURNAMENT AGENDA

## **REGISTRATION AND CHECK-IN:** 9 a.m.

All teams are required to check in at the registration table. All team members should have a signed waiver on file or present one at check-in.

## **KICK-OFF:** 9:30 a.m.

All teams will assemble to kick-off the tournament. At this time, we will have a welcome from Kettering Health Network officials, American Heart Association, and Kettering Fire Department. After each team is introduced, we will begin the tournament.

## **GAME SCHEDULE:** 10 a.m.-6 p.m.

The maximum number of teams that can play is 24. The event format is single elimination.

- 10 a.m.: First Round A set of games (6 teams)
- 11 a.m.: First Round B set of games (6 teams)
- 12 p.m.: First Round C set of games (6 teams)
- 1 p.m.: First Round D set of games (6 teams)
- 2 p.m.: First Round E set of games (6 teams)
- 3 p.m.: First Round F set of games (2 teams)
- 3 p.m.: Second Round A (4 Teams)
- 4 p.m.: Second Round B (4 Teams)
- 5 p.m.: Semi-Final game (4 Teams)
- 6 p.m.: Championship game (Two Teams)

## **AWARDS PRESENTATION:** Immediately following championship game

We will present the awards for first and second place as well as best team costume immediately following the championship game.

# GAME RULES AND REGULATIONS

## Playing fields

- Any ball touched by a player or referee wholly or partly in fair territory is automatically in play.
- A participant jumping from fair territory is in fair territory while in the air.
- A participant jumping from foul territory is in foul territory while in the air.

## Dress

- Athletic shoes are required. Plastic cleats will be allowed.
- Please dress appropriately for the weather.

## Umpire

- All games will be officiated.
- Only captains can dispute a call.
- Players, captains, and fans are expected to show good sportsmanship. No yelling at umpires, players, or other teams.
- Unsportsmanlike behavior may result in a player being ejected from the game. Ejected participants must leave the field and may not return to any game.

## Player eligibility

All participants must be registered and on the team roster.

## Teams/Roster

- Teams should contain 10-15 players. The roster must have at least four females and all players must be age 18 or older.
- All players must bat. Two female players must be on the field during the game. One female must be in the infield and one female must be in the outfield. Two females must be in the first eight players to bat. Batting order continually rotates, and everyone must kick!
- Any team playing non-registered or improperly registered players will forfeit their game.
- Players must play the field every other inning at a minimum. There will be 10 players on the field on defense, with one player in each of the following positions:
  - Pitcher
  - Catcher
  - First base
  - Second base
  - Third base
  - Shortstop
  - Left fielder
  - Left center fielder
  - Right center fielder
  - Right fielder
- Team composition will be reviewed by Kettering Health Network to ensure fairness.

## Base coaches

Base coaches will not be utilized.

## Regulation game

Games end after seven full innings or 50 minutes. One extra inning is played if the score is tied and time remains. A winner must be determined for each game.

### Pitching/catching

- All pitches must be pitched by hand.
- A pitch must roll on the ground when passing over the plate. Bouncing balls count as balls.
- The pitcher must stay behind the pitching strip until the ball is kicked. Failure to abide by this rule results in a ball.
- No player may field in front of the pitcher other than the catcher. Failure to abide by this rule results in a ball.
- The catcher must field directly behind the kicker and may not cross home plate nor be positioned forward of the kicker before the ball is kicked. Failure to abide by this rule results in a ball.

### Kicking

- A player's foot or leg must make all kicks.
- All kicks must be behind home plate. The kicker may step on home plate to kick.
- No bunting is allowed. Umpire determines a bunt call and has final say. A bunt is an out.

### Running

- Runners must stay within the base line, and fielders must stay out of the base line. Runners hindered by any fielder within the base line who is not making an active play for the ball shall be safe at the base to which they were running.
- **NO SLIDING OR RUNNING INTO A FIELDER.** No contact is allowed. The runner is out if the runner initiates contact, and the runner is safe if the fielder initiates contact.
- No leading off or stealing bases.
- Runners can only advance after the ball is kicked. A runner off a base when the ball is kicked is out.
- Runners may tag-up after a kicked ball is caught by the defense to advance to the next base.
- Runners may overrun first base.
- If a ball is thrown into foul territory, runners may advance only one base.
- Running past another runner is not allowed. Any runner passed by another runner is out.

### Strikes

The strike zone is one foot from either side of home plate. A strike is:

- A pitch within the strike zone that is not kicked
- An attempted kick missed by the kicker inside or outside of the strike zone
- A foul ball

Three strikes result in an out.

### Balls

A ball is defined below:

- A pitch outside of the strike zone where a kick is not attempted will be called a ball.
- A bouncing pitch will be called a ball.
- Any fielder or pitcher advancing on home plate before the ball is kicked will result in the pitch being called a ball.
- Any catcher crossing home plate before the kicker or failing to field behind the kicker will result in the pitch being called a ball.

Three balls walk the kicker to first base.

### Foul ball

A foul is:

- A kick landing in foul territory
- A kick that goes foul prior to passing third or first base and is not touched by a player. Three fouls result in an out. This means kicking one foul after two strikes is an out.

## **Outs**

Situations resulting in outs are explained below:

- Three strikes
- Three fouls
- Fouling with two strikes
- Runner touched by the ball while not on base and the ball is in play: A fielder can throw a ball at a runner below the shoulders. Runners hit in the neck or head with the ball will not be out unless they were ducking to dodge the ball.
- A kicked ball (fair or foul) that is caught in the air
- A ball thrown to a fielder touching the base beats the runner who is forced to run
- A runner off his or her base when the ball is kicked Three outs by a team complete the team's half of the inning

## **Play ends**

Play ends in the following situations:

- When the pitcher has the ball in control and on the mound
- When a runner is out
- When any non-fielder, runner, or non-permanent object touches the ball

## **Scoring**

- There is a 10-run per inning limit for all innings.
- Captains are encouraged not to run up the score.



# TEAM REGISTRATION FORM AND ROSTER

## Registration Checklist

The following items must be submitted by **Friday, July 26** to be registered for the tournament.

- Registration Form
- Team Roster
- Waiver & Release of Liability
- Registration Fee

**Please complete the form below and submit along with payment of \$300.00. We accept cash or check. Please make checks payable to: American Heart Association. Make sure you get and retain your receipt.**

PLEASE PRINT ALL INFORMATION

Team Name:		
Team Captain's Name:		
Address	City	Zip
Phone Number	Cell Number	
E-mail		
Alternate Contact Name:		
Address	City	Zip
Phone Number	Cell Number	
E-mail		

I would like to register a team for the 2018 Heart Walk Kickball Tournament. If this registration is accepted, I will be responsible for my team's fulfillment of all rules and regulations established for the operation of the tournament.

By signing this application form, I am acknowledging on behalf of myself and my organization or group ("the participants") that use of the activity carries a risk of personal injury. The participants RELEASE and DISCHARGE KETTERING HEALTH NETWORK, KFD, and the American Heart Association, and their agents and employees, from liability for injuries or damage, including any losses CAUSED BY THE NEGLIGENCE OR STRICT LIABILITY of the released parties. The participants agree not to sue or make a claim against those agencies and agree to hold them harmless and indemnify them from all claims and suits that may be brought as a result of use of these facilities or participation in sports and/or recreation programs held at these facilities.

Signature:	Date:
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<b>For Staff Use Only</b>	
<b>Received by:</b>	<b>Receipt #</b>

# CAN YOU KICK IT? HEART WALK KICKBALL TOURNAMENT TEAM ROSTER

Adult Player's Name	DOB	M/F	Address	Phone	Age
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					

Team Name: \_\_\_\_\_  
 Team Captain's Name: \_\_\_\_\_ Team \_\_\_\_\_  
 Captain's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 \_\_\_\_\_

## COMMUNITY KICKBALL TOURNAMENT

Hosted By: Kettering Health Network

The Kettering Health Network (KHN) is hosting a COMMUNITY KICKBALL TOURNAMENT on Sunday, August 25, 2019. All games will be played at the Rowe Sports Complex, 6480 Trenton-Franklin Road, Middletown, OH 45042. Check-in begins at 9:00 a.m. and the games will start at 10:00 a.m. A schedule of games will be provided once teams have registered for this tournament.

### RELEASE OF LIABILITY

As a participant in the COMMUNITY KICKBALL TOURNAMENT, I acknowledge that kickball is an inherently dangerous sport in which I participate at my own risk. Kettering Health Network, the host, is a nonprofit corporation.

I, on behalf of myself, my heirs, assignees and personal representatives, do release and forever discharge KHN, its employees, agents, members, sponsors, promoters, and affiliates from any and all liability, claim, loss, costs or expense, and waive and promise not to sue on any such claims against any such person or organization, arising directly or indirectly from or attributable in any legal way to my participation in this tournament and any negligence, action or omission to act of any such person or organization involved in the basketball games or this tournament.

I currently have no known physical or mental condition that would impair my capability for full participation in the kickball tournament.

Dated: \_\_\_\_\_

By: \_\_\_\_\_

Print name: \_\_\_\_\_

# DIRECTIONS TO ROWE SPORTS COMPLEX

Rowe Sports Complex  
6480 Trenton Franklin Rd  
Middletown, OH 45042

**From the NORTH:** Take I-75 south to exit 36. Rt. on 123 toward downtown Franklin. Take left on Route 73 towards Middletown. turn Right on Carmody boulevard. Turn Right on Route 4. Turn Left on Trenton Franklin Rd. Park is on right approx. 1/4 mile. Rowe Sports Complex, 6480 Trenton Franklin Rd.

**From the SOUTH:** Take I-75 north to exit 36. Lt. on 123 toward downtown Franklin. Take left on Route 73 towards Middletown. turn Right on Carmody boulevard. Turn Right on Route 4. Turn Left on Trenton Franklin Rd. Park is on right approx. 1/4 mile. Rowe Sports Complex, 6480 Trenton Franklin Rd.

# **ROWE SPORTS COMPLEX POLICIES AND PROCEDURES**

- Smoking is not permitted within or around the facilities.
- Alcohol is NOT permitted.
- Other than guide dogs or assist animals for the disabled, animals are not permitted in the facilities and adjacent parks.
- Parking availability is not guaranteed-and on occasion may be limited. Overnight parking is NOT allowed.
- No rollerblades, bikes, or skates are allowed.
- Any behavior, event, or activities that may impede the normal operation of the facility or the safety, health, and welfare of the public and the employees is prohibited.
- Small children must be supervised at all times.