

## Shared Safety Plan

Thank you for trusting Kettering Health with your loved one's care. The safety and well-being of our patients, our team, and our community is our top priority.

**We ask that you wear your mask at all times—even when in the patient's room.** This helps us protect all patients and staff. If you are not comfortable wearing a mask, we ask that you visit later when you are able to wear a mask.

**Please continue to check yourself for symptoms of COVID-19.**

These include

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Tiredness
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If you begin having these symptoms, please stay home. Skype and FaceTime are great methods to keep in touch with your loved one. If needed, we have a tablet available for our patients, and our care team can assist with this.

**If you want to bring in food for your loved one we ask that you**

- Bring the food in a disposable container.
- Please do not eat at the same time as your loved one.
- Wear your mask while your loved one is eating and unmasked.

We appreciate your support for our care teams, but ask that you do not bring in food for them at this time.

**As the designated visitor, we ask that you do not visit unless you**

- Wear a mask that covers your mouth and nose while in our facilities.
- Have no symptoms of COVID-19.



Wear the mask over your nose and mouth